

## *Adrienne Shishko*

### Materials list:

#### *SUBSTRATES:*

1 or 2 stretched canvases or wood panels, 24" x24" or larger. I prefer square but shape is up to you

#### *TOOLS:*

-a supply of latex gloves (or vinyl) to protect hands , well fitting for dexterity ( think they really are crucial as we will work with our hands a lot, and best to keep these materials out of our bodies!

-scissors

-brushes- a range of small flat and round, to about 2 inches flat (cheap hardware store ones for larger sizes are fine)

-a few sizes of foam brushes from hardware store

-palette knives (I prefer metal ones, particularly angled and flexible, about  $\frac{3}{4}$  in size for applying the heavy gel I use to bond materials to surface.

-serrated edged tools, such as palette knife, rubber art combs with different edges, or regular combs for creating textures and lines

-rubber tipped shapers found in ceramics section for drawing into wet paint (I love these!)

-rags

-container for washing brushes

-wooden paint stirrer if you are going to use house paints (handy)

-trays for mixing paint (I like enamel trays with a lip that allows me to work with very thin paints, but also love to re-use foam trays that are used to package raw meats and vegetables- (cleaned well of course).

#### *PAINTS:*

*You do NOT need to get all of these. Buy color basics- white, black, red, yellow, blue and brown at a minimum so you can mix up a range of colors. Buy what excites and intrigues you!*

*These are the different paint consistencies I like to have:*

-acrylic paints, variety of colors, tube or tub

-fluid acrylics (Golden brand- Fluid Acrylics are highly intense, permanent acrylic colors with a consistency similar to heavy cream. Produced with only lightfast pigment, not dyes, they offer very strong colors with a fluid consistency)

-high flow acrylics (Golden brand- High Flow Acrylics have an ink-like consistency that lends itself to a wide range of techniques, including staining, leveling, calligraphy, and mixed media.)

-latex house paint- white or light color and any other colors left over from projects or bought new that you like (many stores have “mistakes” that are inexpensive) all finishes okay)

-india ink ( a great basic for “drawing” with on any substrate and providing a nice transparent range of browns and black color depending on dilution.

### *MEDIUMS:*

-extra heavy matte medium (I tend to use Golden)

-Fluid matte medium , gloss as well if you want (I tend to use Liquitex for this)

### *COLLAGE MATERIALS:* Scavenge!!

Build your collage stash daily! WATCH for and collect. I like to organize them when I have time into color groups, patterns, graphic etc. If you can do some prep and organizing before the workshop, you will save yourself some time and streamline your efforts. I like to use the plastic containers that the nice organic lettuce is sold in to store the materials. They are light, see-through, can keep lid attached, and almost free! Ziploc bags of all sizes are also a great alternative for separate source materials.

-string, embroidery thread

-tissue papers from shopping or bought new (I like the ones that bleed)

-home décor and design magazines, art magazines, catalogs, newspapers (I love Asian language papers!) for sourcing colors and graphics (i.e. beautiful patterns in clothes, carpets, wall papers or lines..)

-photocopies of your previous works that you can cut up and use in new paintings

-unsuccessful paintings or drawings on canvas or paper that have been or can be cut up for reuse

-homemade hand painted patterned papers to use for collage (striped, stamped (use scored cut potatoes for stamps), skinny lines, fat lines, mini drawings, etc.) These allow you to make source material you want to include

-old sewing patterns

-old maps

-old book pages, shopping lists, math papers .

- used tea bags (outside) dried out
- plastic mesh produce bags
- graph paper
- blue painters masking tape

*OPTIONAL:*

- small empty spray bottle
- one or two small empty squeeze bottles (to use to make custom thinner paints to apply with the nozzle)
- permanent Sharpie Markers, (not skinny), especially Black