## Emily Eveleth

## Materials List

One $8.5 \times 11$ color printout of a work by an artist you admire (from any era, in any medium)

One copy of an article on art that recently made you think
Two objects to add to the still life mix. One you choose for its potential meaning or emotional impact, the other for its appealing (or repellent) form or color. Neither should be precious to you nor valuable, in fact, just the opposite.

Sketchbook: at least one which is $14 \times 17$ inches or larger
Pad of Duralar matte, or matte mylar . $00514 \times 17$ inches.
Pencils, vine charcoal, small pencil sharpener, eraser, scissors
one Sharpie
ruler, at least 24 inches long
Blue painters tape and white artists tape, one roll each, one inch think
Gloves; nitrile, latex or vinyl, essential for keeping your hands clean while you mess about on the surface of your painting. You can get them at drug stores or hardware stores

## Surfaces to paint on

Canvas, panel or prepared (gessoed) paper are all fine. For panels there are a lot of commercial options, like the pre-primed Ampersand panels which come in a wide range of depths and proportions. Commercial canvases are fine. Arches now makes a paper treated for working in oils, though the critique I've heard of it is that it can be too absorbent, so you may want to put some extra priming (GAC 100 or its equivalent). You can prepare your own large sheets ( $22 \times 30$ or $18 \times 24$ inches approx) of heavy paper or bristol board with gesso.

It will be good to bring 3 sheets of heavy paper and extra gesso for priming as a back up
in addition to what you bring, add in one form of support that you have not used before

Oil Paint: If you already have paints you use and a set of colors you are familiar with, bring those. If not, there are a number of quality manufacturers to choose from. Gamblin
is moderately priced as far as paints go. When ever possible actually look at the paint if you can. Check the ingredients list, and avoid "hues" which don't have the real pigment in them. It's always best to get the real thing when you can afford it.

If you don't already have a palette of colors with here's a list you could start with and add in personal favorites.

I recommend having a warm and a cool example of each major color. Below are what I consider the four major color groups (yellow, red, blue and green).

The basics;
titanium white (or zinc/titanium mixture)
a cool yellow - like cadmium lemon yellow or Hansa yellow light
a warm yellow - like cadmium yellow medium
cadmium orange (optional)
a warm red - like permanent red (I use napthol red)
a cool red - like alizarin crimson
a warm green - like sap green
a cool, high key green - like phthalo green
a cool, high key blue - like phthalo blue
a warm blue - like ultramarine blue
dioxazine purple
If there are others you like bring them along. And you can also experiment with these:
the quinacridones; red, magenta or purple
Indian yellow
vermillion
manganese blue, or turquoise

Viewfinder: make your own from two pieces of mat board (or cardboard), cut in an "L" shape that's 3 inches wide and 10 inches long per side.

A Backing Board for support: A light weight drawing board (or piece of foam core will do fine) with 4 large clips. This serves as a support for the paper or mylar when you are using it on your easel.

Palette knife: Have at least one palette knife for mixing paint and scraping the palette.
Palette bring your usual one, one that has a lot of room to mix, at least $12 \times 16$ or bigger
Paper palette pad $16 \times 20$ white (like the Soho Paper Palette pad at Jerrysartarama)

Painting Medium: Bring your standard medium. For the workshop you may also want a faster drying medium, such as Liquin, Galkyd, Galkyd Lite or another alkyd based medium.

Palette cup: a large tin cup, wide enough to accommodate a big brush.
Paint thinner : Bring only odorless thinner, like Gamsol or odorless Thin- X and a can big enough to hold your dirty brushes and a jar or can with a lid.

Brushes: Your choice. I recommend a mix of brushes: filberts, flats, rounds. Have at least two big brushes on hand; filberts in the 18 to 20 size range. Blick makes some "mega" brushes that are soft and fun. Bring at least one large (house painter's) brush, 2 -3 inches wide.

Rags: 12" squares are convenient and old t-shirts work great. Paper towels are okay, but not ideal.

An old phone book: For removing excess paint from your brushes.

## A few sources for buying supplies mail order:

www.jerrysartarama.com
www.artistcraftsman.com
www.pearlpaint.com
www.aswexpress.com
www.utrechtart.com
http://www.judsonsart.com
feel free to contact me with any questions
evelethstudio@gmail.com
I'm looking forward to working together

